

# Reading Transmissions (*lung*)

*Shechen Rabjam Rinpoche, Lerab Ling 6-10 November 2024*

## Day 1, Wed. 6 November 2024

### Lungs related to the teaching

- *The Sage Who Dispels Mind's Anguish, Advice from the Guru, the Gentle Protector Mañjuśrī, on the Means of Accomplishing the Yogas of Śamatha and Vipaśyanā*  
by Dilgo Khyentse Rinpoche ( ཚිංහාද්‍යුගාමෝර්ධ්‍රී ຖ්‍රෑත්‍රේෂ්වරාධ්‍රී මැණ්ඩල් සාම්ජ්‍යාච්ඡාජ්‍යාධ්‍රී )  
<https://www.lotsawahouse.org/tibetan-masters/dilgo-khyentse/sage-who-dispels-mind-s-anguish>
- *The Treasury of Blessings, A Practice of Buddha Śākyamuni*  
by Mipham Rinpoche ( ສමක්කාම්ලිංග්‍රෑසාන්තිර්මෙන් ) ( [English](#) | [Español](#) | [Français](#) )

### Lungs related to the empowerment of Tendrel Nyesel. Part 1

- Dilgo Khyentse Rinpoche's oral commentary on Tendrel Nyesel from [Prapoutel in 1990](#) (this teaching has not yet been translated in English; we hope to translate it in the near future)
- *The Profound Instruction of Tendrel Nyesel* ( ཅිත්‍රාස්ථාඛ්‍යාච්ඡාජ්‍යාධ්‍රී සාම්ජ්‍යාධ්‍රී )

## Day 2, Thu. 7 November 2024

### Lung related to the Teachings

- *Ambrosia for the Mind, A Prayer for the Seven Points of Mind Training*  
by Jamyang Khyentse Wangpo  
<https://www.lotsawahouse.org/tibetan-masters/jamyang-khyentse-wangpo/ambrosia>

### Lungs related to the empowerment of Nyingtik Saldrön

- *The Bright Lamp of the Heart Essence: A Guru Yoga (Nyingtik Saldrön)*  
by Jamyang Khyentse Chökyi Lodrö ( ສාමර්ද්‍යාන්ත්‍රේෂ්වීංචිජාගාම්පාංශ්‍රී මැලුගාම් )  
<https://www.lotsawahouse.org/tibetan-masters/jamyang-khyentse-chokyi-lodro/nyingtik-saldron>
- *The Bright Lamp of Wisdom (Yeshe Saldrön), A Guide to the Practice of Guru Yoga*  
by Jamyang Khyentse Chökyi Lodrö ( ສාමර්ද්‍යාන්ත්‍රේෂ්වීංචිජායෝගාංශ්‍රී )  
<https://www.lotsawahouse.org/tibetan-masters/jamyang-khyentse-chokyi-lodro/yeshe-saldron>
- *Bestowing the Glory of Wisdom, A Gaṇacakra Feast for Nyingtik Saldrön*

by Jamyang Khyentse Chökyi Lodrö (ཇ�୍ଯାଙ୍ଗ କ୍ଷେତ୍ର ଚୋକ୍ୟି ଲୋଦ୍ରୋ)

[https://www.lotsawahouse.org/tibetan-masters/jamyang-khyentse-chokyi-lodro/nyingti\\_k-saldron-tsok](https://www.lotsawahouse.org/tibetan-masters/jamyang-khyentse-chokyi-lodro/nyingti_k-saldron-tsok)

- *Supplementary text Lama Chopā* by Dilgo Khyentse Rinpoche  
(ସ୍ନାମଶିଳ୍ପିକ୍ଷାଶାସନକାରୀକାର୍ଯ୍ୟରେ ଜ୍ଞାନପରିପ୍ରକାଶକାରୀକାର୍ଯ୍ୟ)
  - *Long-Life Practice - Tsedrup Yeshe Sotkik*  
by Dilgo Khyentse Rinpoche (ସ୍ନାମଶିଳ୍ପିକ୍ଷାଶାସନକାରୀକାର୍ଯ୍ୟରେ ଜ୍ଞାନପରିପ୍ରକାଶକାରୀକାର୍ଯ୍ୟ)
  - *Letter of Advice to Jamyang Gyaltsen*  
by Dilgo Khyentse Rinpoche (ସ୍ନାମଶିଳ୍ପିକ୍ଷାଶାସନକାରୀକାର୍ଯ୍ୟରେ ଜ୍ଞାନପରିପ୍ରକାଶକାରୀକାର୍ଯ୍ୟ)
- <https://www.lotsawahouse.org/tibetan-masters/dilgo-khyentse/advice-to-jamyang-gyaltsen>

## Day 3, Fri 8 November 2024

### Lung related to the Teaching

- *PART 1 of: A Clear, Concise and Simple Explanation of the Generation and Completion Stages for the Benefit of Beginners*  
by Shechen Gyaltsab Gyurme Pema Namgyal (ସନ୍ଧାର୍ଥମାଧ୍ୟମକାରୀକାର୍ଯ୍ୟରେ ଜ୍ଞାନପରିପ୍ରକାଶକାରୀକାର୍ଯ୍ୟ)
- <https://www.lotsawahouse.org/tibetan-masters/shechen-gyaltsab/explanation-of-generation-stage-for-beginners>

### Lungs related to the empowerment of Lhatsün Doha

- *The Appearance of Wisdom, Which Seals the Life Force, The direct and open instructions of the creation and completion yogas from The Life Drop of the Vidyadhara Dakinis: Vajra Heart, A Spontaneous Song that Reveals the Ultimate*  
by Dilgo Khyentse Rinpoche (composed at the request of Chogyam Trungpa)  
(ସନ୍ଧାର୍ଥମାଧ୍ୟମକାରୀକାର୍ଯ୍ୟରେ ଜ୍ଞାନପରିପ୍ରକାଶକାରୀକାର୍ଯ୍ୟ)
- *The Activity Manual for the Vajra Heart, A Spontaneous Song that Reveals the Ultimate, from the Life Drop of the Vidyadhari Dakinis*  
composed by Rabjam Rinpoche (ସନ୍ଧାର୍ଥମାଧ୍ୟମକାରୀକାର୍ଯ୍ୟରେ ଜ୍ଞାନପରିପ୍ରକାଶକାରୀକାର୍ଯ୍ୟ)

### Lungs related to the empowerment of Tendrel Nyesel, Part 2

- *The Medium Length Practice of Tendrel Nyesel* (ତେନ୍ଦ୍ରେଳ ନ୍ୟେସେଲ)
- Rigpa translations
- *The Brief Practice of Tendrel Nyesel* (ତେନ୍ଦ୍ରେଳ ନ୍ୟେସେଲ)
- Rigpa translations
- *Request for the Fulfilment of Wishes* (ପ୍ରେସନ୍ ନ୍ୟେସେଲ ମାର୍ଗିକାରୀକାର୍ଯ୍ୟରେ ଜ୍ଞାନପରିପ୍ରକାଶକାରୀକାର୍ଯ୍ୟ)

- *Refuge and Bodhicitta for when the Mantra Manual is Recited Separately* (ਤੈਣ ਸੋਖ ਸ਼੍ਰੀ ਮੁਖਾਗ) (ਕੱਥਾ ਸੰਸਾਰ ਨੂੰ ਨਹੀਂ ਜਾਣਾ ਚਾਹੇ ਸੀਮਾ ਵਿੱਚੋਂ)
- Supplementary Texts for the Fire Offering of Tendrel Nyesel (ਤੈਣ ਸੋਖ ਸ਼੍ਰੀ ਮੁਖ ਸੰਸਾਰ ਵਿੱਚੋਂ, nyes sel gyi sbyin sreg skabs zur byang) Rigpa translations
- *Delighting The Deities of the Great Mandala of Tendrel Nyesel: The Stages of the Tsok Feast Offering* (ਤੈਣ ਸੋਖ ਤੈਣ ਸੋਖ ਸ਼੍ਰੀ ਮੁਖ ਸੰਸਾਰ ਕੇ ਤੈਣ ਸੋਖ ਵਿੱਚੋਂ) Rigpa translations
- *Fulfilling All Hopes and Desires: A Very Brief Feast Offering* (ਕੱਥਾ ਸੱਕਦ ਮਿਥੁਨ ਨੂੰ ਸੰਭਾਵ ਵਿੱਚੋਂ)
- *Offering and Praise when Reciting the Mantra for the Elaborate Ritual of Tendrel Nyesel* (ਤੈਣ ਸੋਖ ਸ਼੍ਰੀ ਕੱਥਾ ਸੰਸਾਰ ਵਿੱਚੋਂ ਸੰਸਾਰ ਸੱਕਦ ਨੂੰ ਸੱਕਦ ਨੂੰ)
- *A Method for Bringing Together the Crucial Points of the Requests to the 36 Vajradanda Protectors of Tendrel Nyesel* (ਤੈਣ ਸੋਖ ਤੈਣ ਸੋਖ ਸ਼੍ਰੀ ਮੁਖ ਵਿੱਚੋਂ ਸੰਭਾਵ ਵਿੱਚੋਂ) , by the Thirteenth Dalai Lama
- *The Profound Method of Removing Spiritual Pollution Through the Practice of Tendrel Nyesel* (ਤੈਣ ਸੋਖ ਤੈਣ ਸੋਖ ਸ਼੍ਰੀ ਕੱਥਾ ਸੰਸਾਰ ਵਿੱਚੋਂ)

## Day 4, Sat. 9 November 2024

### Lung related to the teaching

- PART 2 of: A Clear, Concise and Simple Explanation of the Generation and Completion Stages for the Benefit of Beginners  
by Shechen Gyaltsab Gyurme Pema Namgyal (ਅਖਾਦ ਮਾਹਿਸ ਅਥਵਾ ਸੰਸਾਰ ਕੇ ਤੈਣ ਸੋਖ ਸ਼੍ਰੀ ਮੁਖ ਸੰਭਾਵ ਵਿੱਚੋਂ)  
<https://www.lotsawahouse.org/tibetan-masters/shechen-gyaltsab/explanation-of-generation-stage-for-beginners>

## Day 5, Sun. 10 November

### Lung related to the teaching

- *Oral Instructions* by Dilgo Khyentse Rinpoche (Brilliant Moon, pages 293-294)

### Lungs related to the empowerments

#### **Netik Phurba**

- *Preliminary Practice*  
by Jamyang Khyentse Wangpo (ਖੁਲਾ ਮਾਹਿਸ ਅਥਵਾ ਸੰਸਾਰ ਵਿੱਚੋਂ)

- *Essential Daily Practice Text for the Quintessential Kilaya of the Oral Lineage*  
by Jamyang Khyentse Wangpo (ཤེས་པ་འདୁ་རྒྱུ་ཞིང་ཆོས་འདୁ་ བྱུང་གྱི་སྒྲྱུ་འର୍ଥ-ଶୀଘ୍ର)
  - *Opening Up the Accomplishment of Enlightened Activities: An Arrangement of Practices for the Generation Stage Kilaya of Existence from the Quintessential Kilaya of the Oral Lineage*  
by Dilgo Khyentse Rinpoche (ସ୍ମୃତି-କ୍ଷେତ୍ର-ଶୀଘ୍ର-ପାଦ-ଶୀଘ୍ର-ବ୍ୟାପାର-କାର୍ଯ୍ୟ-କାର୍ଯ୍ୟ)
  - *Wisdom's Appearance: Notes from My Guru's Pith Instructions on The Hearing Lineage of The Quintessential Pith Kilaya*  
Based on the oral instructions of Jamyang Khyentse Wangpo (ଶ୍ଵର-ପାଦ-ଶୀଘ୍ର-ବ୍ୟାପାର-କାର୍ଯ୍ୟ-କାର୍ଯ୍ୟ-ଶୀଘ୍ର-ପାଦ-ଶୀଘ୍ର-ବ୍ୟାପାର-କାର୍ଯ୍ୟ)
- Nalanda Translations

## Vajrakilaya

- *A Section of the Vajrakila Root Tantra* (ଶ୍ଵର-ପାଦ-ଶୀଘ୍ର-ବ୍ୟାପାର-କାର୍ଯ୍ୟ-ଶୀଘ୍ର-ବ୍ୟାପାର-କାର୍ଯ୍ୟ)
- <https://www.lotsawahouse.org/words-of-the-buddha/vajrakila-root-tantra-section>
- *The Accomplishment of Supreme Enlightened Activity, A Recitation Manual for The Vajrakila Root Tantra Fragment*  
by Jamyang Khyentse Chökyi Lodrö (ଶ୍ଵର-ପାଦ-ଶୀଘ୍ର-ବ୍ୟାପାର-କାର୍ଯ୍ୟ-ଶୀଘ୍ର-ପାଦ-ଶୀଘ୍ର-ବ୍ୟାପାର-କାର୍ଯ୍ୟ)
- <https://www.lotsawahouse.org/tibetan-masters/jamyang-khyentse-chokyi-lodro/vajrakila-tantra-section-recitation>

## Chime Pakme Nyingtik

- *The Fount of Longevity, A Lineage Prayer for the Heart Essence of the Sublime Lady of Immortality*  
Jamgön Kongtrul (ରୈକିମେନ୍-ର୍ବ୍ୟାପାର-ଶୀଘ୍ର-ପାଦ-ଶୀଘ୍ର-ବ୍ୟାପାର-କାର୍ଯ୍ୟ-କାର୍ଯ୍ୟ-ଶୀଘ୍ର-ବ୍ୟାପାର-କାର୍ଯ୍ୟ)
- <http://www.lotsawahouse.org/tibetan-masters/jamgon-kongtrul/chime-pakme-nyingtik-lineage-prayer>
- *Activities for Uncovering Primordial Wisdom, from the Chimé Pakmé Nyingtik, 'The Heart-Essence of the Sublime Lady of Immortality' (Sadhana Trinle Yeshe Nangwa)*  
by Jamyang Khyentse Wangpo (ରୈକିମେନ୍-ର୍ବ୍ୟାପାର-ଶୀଘ୍ର-ପାଦ-ଶୀଘ୍ର-ବ୍ୟାପାର-କାର୍ଯ୍ୟ-କାର୍ଯ୍ୟ-ଶୀଘ୍ର-ପାଦ-ଶୀଘ୍ର-ବ୍ୟାପାର-କାର୍ଯ୍ୟ)
- <http://www.lotsawahouse.org/tibetan-masters/jamyang-khyentse-wangpo/chime-pakme-nyingtik-trinle-nangwa>
- *The Summoning of Longevity, from the Heart Essence of the Sublime Lady of Immortality (Tseguk)*  
by Jamyang Khyentse Wangpo (କେ-ଶ୍ଵର-ପାଦ-ଶୀଘ୍ର-ବ୍ୟାପାର-କାର୍ଯ୍ୟ)
- <http://www.lotsawahouse.org/tibetan-masters/jamyang-khyentse-wangpo/chime-pakme-nyingtik-tseguk>
- *The Beautiful Rosary of Jewels, A Fulfilment Offering for Chimé Phakmé Nyingtik (Kongwa)*  
by Jamyang Khyentse Chökyi Lodrö (ଝାଙ୍ଗ | ରୈକିମେନ୍-ର୍ବ୍ୟାପାର-ଶୀଘ୍ର-ପାଦ-ଶୀଘ୍ର-ବ୍ୟାପାର-କାର୍ଯ୍ୟ-କାର୍ଯ୍ୟ-ଶୀଘ୍ର-ପାଦ-ଶୀଘ୍ର-ବ୍ୟାପାର-କାର୍ଯ୍ୟ)

<http://www.lotsawahouse.org/tibetan-masters/jamyang-khyentse-chokyi-lodro/chime-pakme-nyingtik-fulfilment>

- The Brief Feast Offering for the Heart Essence of the Sublime Lady of Immortality by Jamgön Kongtrul (ཇക්සේ རූතා ප්‍රියා ස්වේච්ඡා)
- Translated by Steve Cline
- Brief Supplementary Text for Intensive Practice of the Sublime Lady of Immortality by Jamyang Khyentse Chökyi Lodrö (ජක්සේ རූතා ප්‍රියා ස්වේච්ඡා මැංසු ප්‍රියා ස්වේච්ඡා)
- <https://www.lotsawahouse.org/tibetan-masters/jamyang-khyentse-chokyi-lodro/brief-supplement-chime-pakme-nyingtik>
- *A Drop of Moonlight Nectar, Notes on How to Do the Approach and Accomplishment Practices of the Chimé Phakmé Nyingtik Mind Treasure* by Jamgön Kongtrül  
Translated in *Sublime Lady of Immortality: Teachings on Chimé Phakmé Nyingtik* (Hong Kong: Rangjung Yeshe Publications, 2021).

## Other Lungs

- *Richö* (*The Alchemy of Siddhas*) by Dudjom Rinpoche (දික්සා න්‍යු ප්‍රියා ස්වේච්ඡා සඳහා එක්සේ ප්‍රියා ස්වේච්ඡා)
- *Spontaneous Song of the Genuine Nature, A Prayer of Calling the Guru from Afar* by Dudjom Rinpoche (තුරු මේ ප්‍රියා ස්වේච්ඡා සඳහා එක්සේ ප්‍රියා ස්වේච්ඡා)
- <https://www.lotsawahouse.org/tibetan-masters/dudjom-rinpoche/calling-the-guru-from afar>
- *The Ornament of Padmasambhava's Enlightened Vision, An Explanation of the Vajra Verses Prayer (Du Sum Sangye commentary)* by Dudjom Rinpoche (ගාර්ඩ් ප්‍රියා ස්වේච්ඡා මැංසු මැංසු ප්‍රියා ස්වේච්ඡා)
- <https://www.lotsawahouse.org/tibetan-masters/dudjom-rinpoche/ornament-enlightened-vision>
- *Heart Jewel of the Fortunate, An Introduction to Dzogchen* by Dudjom Rinpoche (දිජ් ප්‍රියා ස්වේච්ඡා මැංසු ප්‍රියා ස්වේච්ඡා)
- *The Pointing the Staff Instruction* by Nyangral Nyima Özer (න්‍යාර්ල ප්‍රියා ස්වේච්ඡා මැංසු ප්‍රියා ස්වේච්ඡා)
- <https://www.lotsawahouse.org/tibetan-masters/nyang-ral-nyima-ozer/pointing-the-staff>
- *The Powerful Prayer of Aspiration, From The Tantra of the Great Perfection That Reveals the All-Penetrating Wisdom Mind of Samantabhadra (Kunzang Mönlam)* by Rigdzin Gödem (දිජ් ප්‍රියා ස්වේච්ඡා මැංසු මැංසු ප්‍රියා ස්වේච්ඡා මැංසු ප්‍රියා ස්වේච්ඡා)
- <https://www.lotsawahouse.org/tibetan-masters/rigdzin-godem/prayer-of-kuntuzangpo>
- *Adornment of Vajrasattva's Wisdom Mind: Concise Instructions on the Key Points of the Generation Stage of Secret Mantra* by Dilgo Khyentse Rinpoche (found later, not in collected works) (ඣාත්‍ය ප්‍රියා ස්වේච්ඡා මැංසු ප්‍රියා ස්වේච්ඡා මැංසු ප්‍රියා ස්වේච්ඡා)